

## **Primary Lunch Menu** Spring Term 2024 (January to March)

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 01.01.2024 29.01.2024 26.02.2024 25.03.2024	•Vegetable Burger in a Brioche Bun with Jumbo Potato Wedges and Baked Beans	•Thai Style Chicken Noodles with Red Peppers and Broccoli	•Pulled Ham and Spring Onion Loaded Potato Bake with Sweetcorn	•Chicken, Lentil and Carrot Tikka Masala with Brown Rice and Green Beans	•MSC* Tuna Mac n Cheese with Peas and Red Pesto Bread Finger
		•Thai Style Mushroom Noodles with Red Peppers and Broccoli	• Pulled Tempeh and Spring Onion Loaded Potato Bake with Sweetcorn	•Chickpea, Lentil and Carrot Tikka Masala with Brown Rice and Green Beans	•Cherry Tomato Mac n Cheese with Peas and Red Pesto Bread Finger
	•Vanilla Yoghurt with Oaty Biscuit	Cheddar Cheese & Crackers	•Fresh Fruit Salad	•Jam Sponge Tart	<ul> <li>Flapjack</li> <li>Oaties RAN</li> </ul>
Week 2 08.01.2024 05.02.2024 04.03.2024 04.04.2024	•Four Cheese Tortellini in Creamy Tomato Sauce with Cheese, Peas and Crusty Garlic Bread	Chicken Meatballs with Creamy Gravy, Couscous and Parsnips	• Paprika Roast Chicken with Gratin Potatoes and Broccoli	•Pork Sausage with Mashed Potato, Baked Beans*	•MSC* Fish Burger in a Brioche Bun with Rosemary Potato Wedges and Sweetcorn
		•Sweet Potato Balls with Creamy Gravy, Couscous and Parsnips	• Paprika Roast Sweet Potato Wedges and Chickpeas with Gratin Potatoes and Broccoli	•Vegetable Sausage with Mashed Potato, Baked Beans*	•Vegetable Burger in a Brioche Bun with Rosemary Potato Wedges and Sweetcorn
	•Strawberry Jelly	•Apple Doughball	• Vanilla Ice Cream	•Rhubarb & Custard Yoghurt with Fruit Shortcake	•Fresh Fruit Salad
Week 3 15.01.2024 12.02.2024 11.03.2024 08.04.2024	•Jacket Potato with Baked Beans and Cheddar Cheese	Lamb and Lentil Shepherd's Pie with Leeks     and Peas	•Creamy Chicken and Sweetcorn Pasta Bake with Mozzarella Topping, Carrots and Red Pesto Finger	•Mexican Beef and Bean Chilli with Brown Rice and Sweetcorn	•MSC* Fish Fingers with Roast Potatoes and Broccoli
		•Sweet Potato and Lentil Shepherd's Pie with Leeks and Peas	•Creamy Leek, Sweetcorn and Butter Bean Pasta Bake with Mozzarella Topping, Carrots and Red Pesto Finger	• Mexican Sweet Potato and Bean Chilli with Brown Rice and Sweetcorn	•Vegetable Fingers with Roast Potatoes and Broccoli
	•Flapjack •Oaties RAN	• Orange Jelly	Victoria Sponge Cake	•Fresh Fruit Salad	•Strawberry Yoghurt with Oaty Biscuit
Week 4 22.01.2024 19.02.2024 18.03.2024	•Mozzarella and Tomato Pizza with Rosemary Potato Wedges and Sweetcorn	•Cheeseburger Pasta Bake with <b>Cucumber</b> <b>Sticks</b> and Crusty Garlic Bread	•Chicken Stroganoff with Rice and Green Beans	•Jacket Potato with Tuna Mayo and Baked Beans	•MSC*Breaded Fish Fillet with Mashed Potato and Peas
		•Shroomburger Pasta Bake with <b>Cucumber</b> <b>Sticks</b> and Crusty Garlic Bread	• Mushroom and Cannellini Bean Stroganoff with Rice and Green Beans	•Jacket Potato with Baked Beans* and Cheddar Cheese	•Vegetable Sausage with Mashed Potato and Peas
	Blueberry Muffin	•Mango Yoghurt with Fruit Shortcake	•Fresh Fruit Salad	•Pineapple Sticks	Cheddar Cheese & Crackers

\*Reduced Salt and Sugar

\*Subject to availability